



CUTASA S.L.



JUNIO MENU SIN PESCADO JUNE MENU WITHOUT FISH

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta tricolor / Pasta salad	Judias blancas ecologicas guisadas con verdura / beans stew	Brocoli gratinado / gratined brocoli	Paella carne / Meat paella	Crema de verdura / Vegetables cream
Tortilla de pavo con calabacin salteado / Turkey omelette with courgette	Salchichas con zanahoria baby / Baked sausajes with carrot	filete pollo plancha con patata/ Grilled chicken breast with potatoes	Lacon con patata / Baked ham with potatoes	Pavo guisado con cous cous / Turkey stew in sauce with cous cous
helado, pan integral / Ice cream and whole bread	Fruta, Leche y pan / Fruit, Milk and bread	Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Fruta, Leche y pan / Fruit, Milk and bread	Fruta, Leche y pan / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce	Judias blancas estofadas con verdura / Beans stew	Coliflor rebozada / Sauted cauliflower	Pure de puerros / Leek puree	Sopa de Cocido / Stew Soup
Pollo con champiñon / Battered chicken with mushrooms	Tortilla de patata con pisto / Potato omelette with pisto	Cinta de lomo con ensalada / Baked pork loin with salad	Ragú de ternera con arroz blanco/ Beef ragout with boiled rice	Cocido Completo (Garbanzo,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew
helado, pan integral / Ice cream and whole bread	Fruta, Leche y pan / Fruit, Milk and bread	Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Fruta, Leche y pan / Fruit, Milk and bread	Fruta, Leche y pan / Fruit, Milk and bread
17	18	19	20	21
Espaguetis integrales con tomate / spaghetti with tomato	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans	ensalada de arroz / Rice salad	Ensalada campera sin atun(patata, tomate,cebolla,) /Potato salad	entremes variados
Filete de pollo rebozado con ensalada mixta / Battered chicken with salad	Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree	Huevos cocidos con ensalada / Boiled eggs and salad	lomo al horno con lechuga, maiz / Baked hake with salad	Pizza apta
Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Fruta, Leche y pan / Fruit, Milk and bread	Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Fruta, Leche y pan / Fruit, Milk and bread	Postre especial



CUTASA S.L.



JUNIO MENU SIN JUNE MENU WITHOUT MILK

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta tricolor / Pasta salad	Judias blancas ecologicas guisadas con verdura / beans stew	Brocoli gratinado / gratined brocoli	Paella mixta / Fish and meat paella	Crema de verdura / Vegetables cream
Tortilla de pavo con calabacin salteado / Turkey omelette with courgette	Ilmanda rebozada con zanahoria baby / Baked limanda with carrot	filete pollo plancha con patata/ Grilled chicken breast with potatoes	Bacalao asado con pisto / Baked cod with pisto	Pavo guisado con cous cous / Turkey stew in sauce with cous cous
Postre apto / Suitable dessert	Fruta, y pan / Fruit and bread	Fruta, y pan integral/ Fruit and wholemeal bread	Fruta, y pan / Fruit and bread	Fruta, y pan / Fruit and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce	Judias blancas estofadas con verdura / Beans stew	Coliflor rehogada / Sauted cauliflower	Pure de puerros / Leek puree	Sopa de Cocido / Stew Soup
Merluza salsa verde con champiñon / Battered hake with mushrooms	Tortilla de patata con pisto / Potato omelette with pisto	Salmon a la naranja / salmon in orange sauce	Ragú de ternera con arroz blanco/ Beef ragout with boiled rice	Cocido Completo (Garbanzo,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew
Postre apto / Suitable dessert	Fruta, y pan / Fruit and bread	Fruta, y pan integral/ Fruit and wholemeal bread	Fruta, y pan / Fruit and bread	Fruta, y pan / Fruit and bread
17	18	19	20	21
Espaguetis integrales con tomate / spaghetti wiht tomato	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans	ensalada de arroz / Rice salad	Ensalada campera(patata, tomate,cebolla, atun) /Potato salad	entremes variados
Filete de merluza rebozado con ensalada mixta / Battered hake with salad	Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree	Huevos cocidos con ensalada / Boiled eggs and salad	Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad	Pizza sin leche
Fruta, y pan integral/ Fruit and wholemeal bread	Fruta, y pan / Fruit and bread	Fruta, y pan integral/ Fruit and wholemeal bread	Fruta, y pan / Fruit and bread	Postre especial apto



CUTASA S.L.



JUNIO MENU SIN HUEVO JUNE MENU WITHOUT EGG

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta sin huevo / Pasta salad Rosti de pavo con calabacin salteado / Turkey rosti with courgette helado, pan integral / Ice cream and whole bread	Judias blancas ecologicas guisadas con verdura / beans stew Limanda con zanahoria baby / Baked limanda with carrot Fruta, Leche y pan / Fruit, Milk and bread	Brocoli gratinado / gratined brocoli filete pollo plancha con patata/ Grilled chicken breast with potatoes Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Paella mixta / Fish and meat paella Bacalao asado con pisto / Baked cod with pisto Fruta, Leche y pan / Fruit, Milk and bread	Crema de verdura / Vegetables cream Pavo guisado con cous cous / Turkey stew in sauce with cous cous Fruta, Leche y pan / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce Merluza salsa verde con champiñon / Battered hake with mushrooms helado, pan integral / Ice cream and whole bread	Judias blancas estofadas con verdura / Beans stew Rosti de patata con pisto / Potato roati with pisto Fruta, Leche y pan / Fruit, Milk and bread	Coliflor rehogada / Sauted cauliflower Salmon a la naranja / salmon in orange sauce Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Pure de puerros / Leek puree Ragú de ternera con arroz blanco/ Beef ragout with boiled rice Fruta, Leche y pan / Fruit, Milk and bread	Sopa de Cocido sin huevo / Stew Soup Cocido Completo (Garbanzo,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew Fruta, Leche y pan / Fruit, Milk and bread
17	18	19	20	21
Espaguetis sin huevo con tomate / spaghetti with tomato Filete de merluza empanado con ensalada mixta / Battered hake with salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree Fruta, Leche y pan / Fruit, Milk and bread	ensalada de arroz / Rice salad Rosti con ensalada / Rosti and salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Ensalada campera sin huevo(patata, tomate,cebolla, atun) /Potato salad Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad Fruta, Leche y pan / Fruit, Milk and bread	entremes variados Pizza sin huevo Postre especial apto



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JUNIO MENU SIN LEGUMBRE JUNE MENU WITHOUT LEGUME

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta tricolor / Pasta salad Tortilla de pavo con calabacin salteado / Turkey omelette with courgette helado, pan integral / Ice cream and whole bread	Champignon rehogado /sautéed mushrooms Ilmanda rebozada con zanahoria baby / Baked limanda with carrot Fruta, Leche y pan / Fruit, Milk and bread	Brocoli gratinado / gratined broccoli filete pollo plancha con patata/ Grilled chicken breast with potatoes Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Paella mixta / Fish and meat paella Bacalao asado con pisto / Baked cod with pisto Fruta, Leche y pan / Fruit, Milk and bread	Crema de verdura / Vegetables cream Pavo guisado con cous cous / Turkey stew in sauce with cous cous Fruta, Leche y pan / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce Merluza salsa verde con champiñon / Battered hake with mushrooms helado, pan integral / Ice cream and whole bread	Verduras estofadas / Vegetable stew Tortilla de patata con pisto / Potato omelette with pisto Fruta, Leche y pan / Fruit, Milk and bread	Coliflor rebozada / Sautéed cauliflower Salmon a la naranja / salmon in orange sauce Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Pure de puerros / Leek puree Ragú de ternera con arroz blanco/ Beef ragout with boiled rice Fruta, Leche y pan / Fruit, Milk and bread	Sopa de Cocido / Stew Soup Cocido Completo sihn garbanzos (,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew Fruta, Leche y pan / Fruit, Milk and bread
17	18	19	20	21
Espaguetis integrales con tomate / spaghetti wiht tomato Filete de merluza rebozado con ensalada mixta / Battered hake with salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	espinacas con zanahoria y patata / Sautéed vegetables with carrot Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree Fruta, Leche y pan / Fruit, Milk and bread	ensalada de arroz / Rice salad Huevos villaroy con ensalada / Bechamel-coated eggs and salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Ensalada campera(patata, tomate,cebolla, atun) /Potato salad Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad Fruta, Leche y pan / Fruit, Milk and bread	entremes variados Pizza apta Postre especial



CUTASA S.L.



JUNIO MENU SIN GLUTEN JUNE MENU WITHOUT GLUTEN

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta sin gluten / Pasta salad Tortilla de pavo con calabacin salteado / Turkey omelette with courgette helado, pan sin gluten / Ice cream and whole bread	Judias blancas ecologicas guisadas con verdura / beans stew Ilmanda rebozada con zanahoria baby / Baked limanda with carrot Fruta, Leche y pan sin gluten / Fruit, Milk and bread	Brocoli gratinado / gratined brocoli filete pollo plancha con patata/ Grilled chicken breast with potatoes Fruta, Leche y pan sin gluten/ Fruit, Milk and wholemeal bread	Paella mixta / Fish and meat paella Bacalao asado con pisto / Baked cod with pisto Fruta, Leche y pan sin gluten / Fruit, Milk and bread	Crema de verdura / Vegetables cream Pavo guisado con arroz / Turkey stew in sauce with rice Fruta, Leche y pan sin gluten / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce Merluza salsa verde con champiñon / Battered hake with mushrooms helado, pan sin gluten / Ice cream and whole bread	Judias blancas estofadas con verdura / Beans stew Tortilla de patata con pisto / Potato omelette with pisto Fruta, Leche y pan sin gluten / Fruit, Milk and bread	Coliflor rehogada/ Sauted cauliflower Salmon a la naranja / salmon in orange sauce Fruta, Leche y pan sin gluten/ Fruit, Milk and wholemeal bread	Pure de puerros / Leek puree Ragú de ternera con arroz blanco/ Beef ragout with boiled rice Fruta, Leche y pan sin gluten / Fruit, Milk and bread	Sopa de Cocido sin gluten / Stew Soup Cocido Completo (Garbanzo,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew Fruta, Leche y pan sin gluten / Fruit, Milk and bread
17	18	19	20	21
Espaguetis sin gluten con tomate / spaghetti wiht tomato Filete de merluza rebozado con ensalada mixta / Battered hake with salad Fruta, Leche y pan sin gluten/ Fruit, Milk and wholemeal bread	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree Fruta, Leche y pan sin gluten / Fruit, Milk and bread	ensalada de arroz / Rice salad Huevos cocidos con ensalada / Boiled eggs and salad Fruta, Leche y pan sin gluten/ Fruit, Milk and wholemeal bread	Ensalada campera(patata, tomate,cebolla, atun) /Potato salad Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad Fruta, Leche y pan sin gluten / Fruit, Milk and bread	entremes variados sin gluten Pizza sin gluten Postre especial apto



CUTASA S.L.



JUNIO MENU SIN FRUTO SECO JUNE MENU WITHOUT NUTS

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta tricolor / Pasta salad Tortilla de pavo con calabacin salteado / Turkey omelette with courgette helado, pan integral / Ice cream and whole bread	Judias blancas ecologicas guisadas con verdura / beans stew Ilmanda rebozada con zanahoria baby / Baked limanda with carrot Fruta, Leche y pan / Fruit, Milk and bread	Brocoli gratinado / gratined brocoli filete pollo plancha con patata/ Grilled chicken breast with potatoes Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Paella mixta / Fish and meat paella Bacalao asado con pisto / Baked cod with pisto Fruta, Leche y pan / Fruit, Milk and bread	Crema de verdura / Vegetables cream Pavo guisado con cous cous / Turkey stew in sauce with cous cous Fruta, Leche y pan / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce Merluza salsa verde con champiñon / Battered hake with mushrooms helado, pan integral / Ice cream and whole bread	Judias blancas estofadas con verdura / Beans stew Tortilla de patata con pisto / Potato omelette with pisto Fruta, Leche y pan / Fruit, Milk and bread	Coliflor rebozada / Sauted cauliflower Salmon a la naranja / salmon in orange sauce Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Pure de puerros / Leek puree Ragú de ternera con arroz blanco/ Beef ragout with boiled rice Fruta, Leche y pan / Fruit, Milk and bread	Sopa de Cocido / Stew Soup Cocido Completo (Garbanzo,chorizo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew Fruta, Leche y pan / Fruit, Milk and bread
17	18	19	20	21
Espaguetis integrales con tomate / spaghetti wiht tomato Filete de merluza rebozado con ensalada mixta / Battered hake with salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans Lomo al ajillo horno con pure de manzana/ Baked Pork Loin with apple puree Fruta, Leche y pan / Fruit, Milk and bread	ensalada de arroz / Rice salad Huevos villaroy con ensalada / Bechamel-coated eggs and salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Ensalada campera(patata, tomate,cebolla, atun) /Potato salad Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad Fruta, Leche y pan / Fruit, Milk and bread	entremes variados Pizza napolitana Postre especial apto



CUTASA S.L.



JUNIO MENU SIN CARNE DE CERDO JUNE MENU WITHOUT PIG MEAT

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
3	4	5	6	7
ensalada de pasta tricolor / Pasta salad Tortilla de pavo con calabacin salteado / Turkey omelette with courgette helado, pan integral / Ice cream and whole bread	Judias blancas ecologicas guisadas con verdura / beans stew Ilmanda rebozada con zanahoria baby / Baked limanda with carrot Fruta, Leche y pan / Fruit, Milk and bread	Brocoli gratinado / gratined brocoli filete pollo plancha con patata/ Grilled chicken breast with potatoes Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Paella mixta / Fish and meat paella Bacalao asado con pisto / Baked cod with pisto Fruta, Leche y pan / Fruit, Milk and bread	Crema de verdura / Vegetables cream Pavo guisado con cous cous / Turkey stew in sauce with cous cous Fruta, Leche y pan / Fruit, Milk and bread
10	11	12	13	14
Arroz con salsa de tomate / Rice in tomato sauce Merluza salsa verde con champiñon / Battered hake with mushrooms helado, pan integral / Ice cream and whole bread	Judias blancas estofadas con verdura / Beans stew Tortilla de patata con pisto / Potato omelette with pisto Fruta, Leche y pan / Fruit, Milk and bread	Coliflor rebozada / Sauted cauliflower Salmon a la naranja / salmon in orange sauce Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Pure de puerros / Leek puree Ragú de ternera con arroz blanco/ Beef ragout with boiled rice Fruta, Leche y pan / Fruit, Milk and bread	Sopa de Cocido / Stew Soup Cocido Completo (Garbanzo,pollo,ternera, verdura) / Chickpeas, Meat and Cabbage Stew Fruta, Leche y pan / Fruit, Milk and bread
17	18	19	20	21
Espaguetis integrales con tomate / spaghetti wiht tomato Filete de merluza rebozado con ensalada mixta / Battered hake with salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	judias verdes ecologicas salteadas con zanahoria y patata / Sauted green beans Pollo horno con pure de manzana/ Baked chicken with apple puree Fruta, Leche y pan / Fruit, Milk and bread	ensalada de arroz / Rice salad Huevos villaroy con ensalada / Bechamel-coated eggs and salad Fruta, Leche y pan integral/ Fruit, Milk and wholemeal bread	Ensalada campera(patata, tomate,cebolla, atun) /Potato salad Fte. Merluza al horno con lechuga, maiz y quinoa / Baked hake with salad Fruta, Leche y pan / Fruit, Milk and bread	pavo, queso , pollo Pizza vegetal Postre especial